



2013 MHA Issue Forum #2:

Accessing Treatment and Services: What We Want and Need

A Managed Care Perspective on Funding Services & Supports in the Public Sector

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Whole Person, Person-Centered HealthCare

- SAMHSA “working definition”
 - *Recovery is a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.*
- SAMHSA Guiding Principles of Recovery

Hope	Relational
Person-Driven	Culture
Many Pathways	Addresses Trauma
Holistic	Strengths/Responsibility
Peer Support	Respect



Whole Person, Person-Centered HealthCare

- Bi-directional impact of physical and behavioral health conditions
 - Serious mental illness correlates with higher rates of substance use disorders and chronic physical conditions, including
 - ✓ Hypertension
 - ✓ Diabetes
 - ✓ Heart disease
 - ✓ Acute respiratory disorders
 - Psych meds and weight gain
 - Presentation confuses treatment
 - Inappropriate utilization and higher than necessary medical costs



Mental Health Parity & Addiction Equity Act

- Parity is requisite for integrated care
- Adequate continuum of care
 - Value-added services
 - Solutions for rural service areas
- Impact for Medicaid State Plans



Peer Support

- 36 states have peer training/certification programs
- 19 states include peer support services as Medicaid benefits
- Impact of peer support
 - Improved health
 - Improved care
 - Decreased costs



Exchanges

- Medicaid expansion...or not...
- Potential impact for county corrections costs

Questions?

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